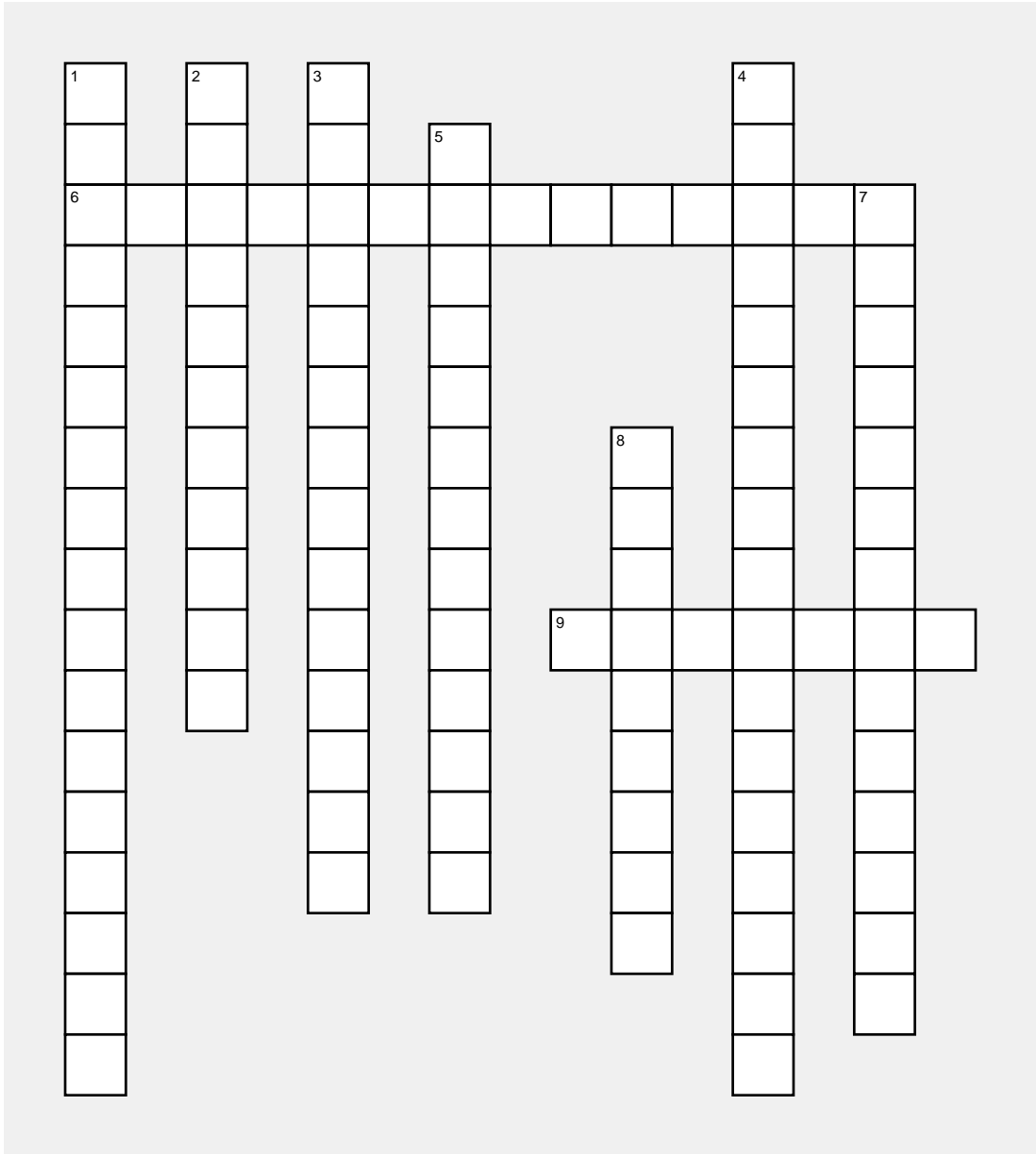


# Bien Dit 2: Chapter 8B



## Horizontal

- 6) TO DO PUSH UPS
- 9) TO WEIGH ONESELF

## Vertical

- 1) YOU WOULD DO WELL TO...
- 2) TO DO YOGA
- 3) TO GAIN WEIGHT
- 4) TO DEPRIVE ONESELF OF SLEEP
- 5) TO LOSE WEIGHT
- 7) TO SKIP MEALS
- 8) TO REPOSE

SOLUTION

T		F		P							S				
U		A		R	P						E				
F	A	I	R	E	D	E	S	P	O	M	P	E	S		
E		R		N		R					R		A		
R		E		D		D					I		U		
A		D		R		R					V		T		
I		U		E		E					E		E		
S		Y		D		D			S		R		R		
B		O		U		U			R		D		D		
I		G		P		P			S	E	P	E	S	E	R
E		A		O		O			P		S		S		
N				I		I			O		O		R		
D				D		D			S		M		E		
E				S		S			E		M		P		
.									R		E		A		
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