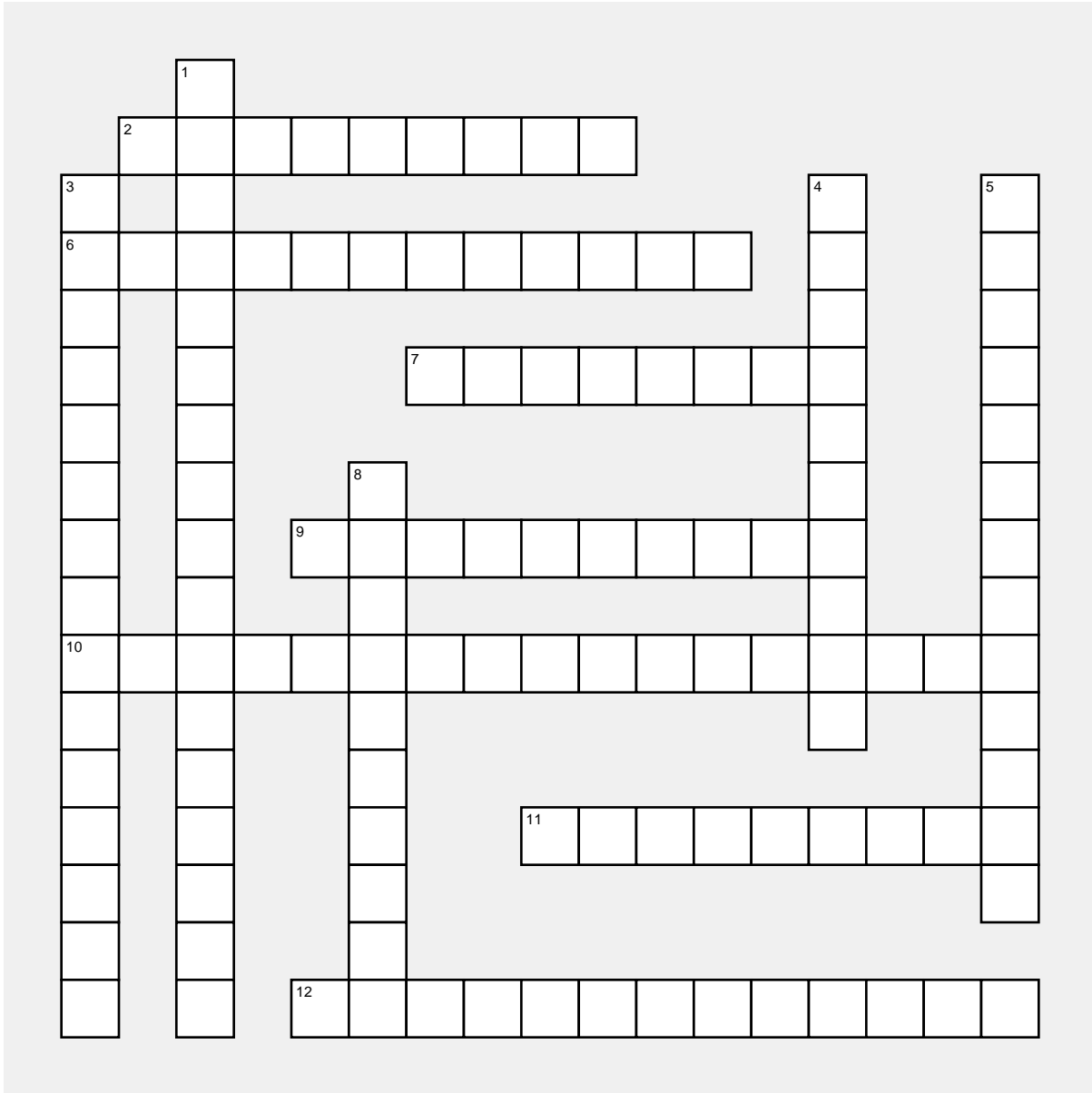


# Senderos 3: Lección 3



## Horizontal

- 2) CAFFEINE
- 6) COUCH POTATO
- 7) MASSAGE
- 9) AFTERNOON SNACK
- 10) TO LEAD A HEALTHY LIFESTYLE
- 11) TO LOSE WEIGHT
- 12) TO WORK OUT

## Vertical

- 1) TO STAY IN SHAPE
- 3) TO REDUCE STRESS
- 4) TO WARM UP
- 5) TRAINER
- 8) PROTEIN

