

# Aventuras (Lesson 15)

G D K N I R L F U M A R R O R M G Q F L  
 V I X V I T A M I N A S E Z A B J Z N A  
 X S G O R D O M A J K Y J H G A M O M S  
 P F U R N S . L ? E U F E T O M Ó C ¿ A  
 W R F O C E A A E S R A N E R T N E Z R  
 A U F T Z L D P D É B I L K D N D L P G  
 S T R I L A N R X A D E L G A Z A R Y A  
 Z A A N A R E O V V O Z P M L H X X J L  
 A R D O N E I T N A T N E I L A C E S C  
 L ¡ N M U N R E M E S R A T N E L A C Z  
 I C E L T I E Í I E L B I E N E S T A R  
 U U R E R M M N O S E C X E N E Q P E S  
 Q Í E O I S A A J A S E D E N T A R I O  
 N D M V C O C E E L G I M N A S I O K D  
 A A K P I L T R X ¡ M E E N C A N T Ó !  
 R T X Z Ó O I P L A C A L O R Í A I L S  
 T E W U N G V A X S A P U R A R S E S W  
 T ! Y U R G O Y E L B I X E L F A H R Z  
 S U D A R Y X Y S F P E L M Ú S C U L O  
 T ! S E U P A H C R A M N E ¡ C U S

WEAK  
 PROTEIN  
 FLEXIBLE  
 TO SWEAT  
 NUTRITION  
 WELL-BEING  
 I LOVED IT!  
 FAT (AJECTIVE)  
 CALM, QUIET (F. )  
 TO PRACTICE, TO TRAIN  
 TAKE CARE! (SINGULAR, FAMILIAR)

MUSCLE  
 THE GYM  
 MINERALS  
 VITAMINS  
 FAT (NOUN)  
 ACTIVE (M.)  
 TRAINER (M.)  
 SEDENTARY (M.)  
 TO HURRY, TO RUSH  
 LET'S GET GOING, THEN!  
 TO HAVE A SNACK (IN THE  
 AFTERNOON)

WITHOUT  
 CALORIE  
 TO SMOKE  
 TO ENJOY  
 TO WARM UP  
 DRUG (NOUN)  
 THEY WARM UP  
 TO LOSE WEIGHT  
 IN EXCESS, TOO MUCH  
 HE SNACKS. ( IN THE AFTERNOON)  
 HOW WAS IT? HOW DID IT GO?  
 (FOR YOU)

# Solution

G D K N I R L F U M A R R O R M G Q F L  
V I X V I T A M I N A S E Z A B J Z N A  
X S G O R D O M A J K Y J H G A M O M S  
P F U R N S . L ? E U F E T O M Ó C ¿ A  
W R F O C E A A E S R A N E R T N E Z R  
A U F T Z L D P D É B I L K D N D L P G  
S T R I L A N R X A D E L G A Z A R Y A  
Z A A N A R E O V V O Z P M L H X X J L  
A R D O N E I T N A T N E I L A C E S C  
L i N M U N R E M E S R A T N E L A C Z  
I C E L T I E í I E L B I E N E S T A R  
U U R E R M M N O S E C X E N E Q P E S  
Q í E O I S A A J A S E D E N T A R I O  
N D M V C O C E E L G I M N A S I O K D  
A A K P I L T R X i M E E N C A N T Ó !  
R T X Z Ó O I P L A C A L O R Í A I L S  
T E W U N G V A X S A P U R A R S E S W  
T ! Y U R G O Y E L B I X E L F A H R Z  
S U D A R Y X Y S F P E L M Ú S C U L O  
T ! S E U P A H C R A M N E i C U S