

Allez-Viens 2 (Chap. 7-2): En pleine forme

L V J E A U Z . . . A ' U Q S A ' N U T
 Y S E P M O P S E D E R I A F V P E E M
 L T C T ! E É D I E N N O B E A Q I T J
 X U R Q I Y A L Q W Y W X N S S V U E E
 S D A T U A S R A I S O N Q ' N F N S L
 P E Q O R N G J E S N O U E E E ' E W D
 M V U H C B P S J S D E N S R E H A Z T
 E R E X O D D Y Z N S T A A N N X I F A
 T A ! T E E A P A T R P I P G P I P Z L
 E I J Z Z N L B I A I S E W R F S N N L
 L S W Z I T A O Î A B U U I E K E R L E
 S . U U W ' N N ' I X T W E Q L W C H Z
 A . M O J ! E N E P F C O R J A N S S !
 P . M Q Y R E N L J O O H O I M Z U K C
 I R X J À J D U D ' A C C O R D Y U E L
 A D E . E S Q T U D O I S . . . R B
 ' C . N . ! O . . . Z E V E D S U O V E
 N . O . X P S Q J S A P X U E P E N E J
 E N . ! E U Q S E R P S E Y U T A D C M
 J Q ! E G A R U O C G S R S I K U H G I

OK
 COME ON!
 YOU'RE RIGHT
 I'M LOSING IT!
 YOU SHOULD... (INFORMAL)
 YOU'VE GOT TO... (FORMAL)
 YOU WOULD DO WELL TO...
 (INFORMAL)

NO WAY!
 I GIVE UP
 TO TRAIN FOR
 TO DO PUSH-UPS
 NO, I DON'T FEEL LIKE IT
 YOU'VE GOT TO,,, (INFORMAL)
 ALL YOU HAVE TO DO IS...
 (INFORMAL)

I CAN'T
 GOOD IDEA!
 HANG IN THERE!
 I DON'T HAVE TIME
 I JUST CAN'T DO ANY MORE!
 YOU'RE ALMOST THERE!
 (INFORMAL)

Solution

L V J E A U Z . . . A ' U Q S A ' N U T
Y S E P M O P S E D E R I A F V P E E M
L T C T ! E É D I E N N O B É A Q I T J
X U R Q I Y A L Q W Y W X N S S V U E E
S D A T U A S R A I S O N Q ' N F N S L
P E Q O R N G J E S N O U E E E ' E W D
M V U H C B P S J S D E N S R E H A Z T
E R E X O D D Y Z N S T A A N X I F A
T A ! T E E A P A T R P I P G P I P Z L
E I J Z Z N L B I A I S E W R F S N N L
L S W Z I T A O Í A B U U I E K E R L E
S . U U W ' N N ' I X T W E Q L W C H Z
A . M O J I E N E P F C O R J A N S S !
P . M Q Y R E N L J O O H O I M Z U K C
I R X J Á J D U D ' A C C O R D Y U E L
A D E . E S Q T U D O I S . . R B
' C . N . I O . . Z E V E D S U O V E
N . O . X P S Q J S A P X U E P E N E J
E N . I E U Q S E R P S E Y U T A D C M
J Q ! E G A R U O C G S R S I K U H G I