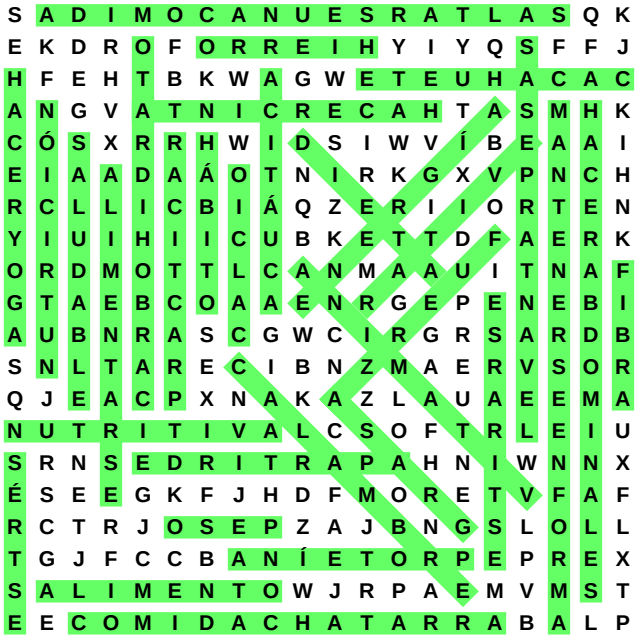
# Qué chévere 3: Unidad 8B

**S A D I M O C A N U E S R A T L A S Q K**
**E K D R O F O R R E I H Y I Y Q S F F J**
**H F E H T B K W A G W E T E U H A C A C**
**A N G V A T N I C R E C A H T A S M H K**
**C Ó S X R R H W I D S I W V Í B E A A I**
**E I A A D A Á O T N I R K G X V P N C H**
**R C L L I C B I Á Q Z E R I I O R T E N**
**Y I U I H I I C U B K E T T D F A E R K**
**O R D M O T T L C A N M A A U I T N A F**
**G T A E B C O A A E N R G E P E N E B I**
**A U B N R A S C G W C I R G R S A R D B**
**S N L T A R E C I B N Z M A E R V S O R**
**Q J E A C P X N A K A Z L A U A E E M A**
**N U T R I T I V A L C S O F T R L E I U**
**S R N S E D R I T R A P A H N I W N N X**
**É S E E G K F J H D F M O R E T V F A F**
**R C T R J O S E P Z A J B N G S L O L L**
**T G J F C C B A N Í E T O R P E P R E X**
**S A L I M E N T O W J R P A E M V M S T**
**E E C O M I D A C H A T A R R A B A L P**

FAT
FOOD
TO EAT
STRESS
PROTEIN
TO AVOID
JUNK FOOD
NUTRITIOUS
TO DO SIT-UPS
TO STAY IN SHAPE
AQUATIC, PERTAINING TO WATER
DIET
HABIT
ENERGY
PEANUT
CALCIUM
STRENGTH
TO DO YOGA
MUSCLE CRAMP
TO SKIP A MEAL
FROM, STARTING AT
TO PLAY, TO PRACTICE, TO DO SPORTS
IRON
FIBER
WEIGHT
VITAMIN
HEALTHY
NUTRITION
TO STRETCH
CARBOHYDRATE
TO LIFT WEIGHTS
TO USE A TREADMILL

# Solution


S A D I M O C A N U E S R A T L A S Q K
E K D R O F O R R E I H Y I Y Q S F F J
H F E H T B K W A G W E T E U H A C A C
A N G V A T N I C R E C A H T A S M H K
C Ó S X R R H W I D S I W V Í B E A A I
E I A A D A Á O T N I R K G X V P N C H
R C L L I C B I Á Q Z E R I I O R T E N
Y I U I H I I C U B K E T T D F A E R K
O R D M O T T L C A N M A A U I T N A F
G T A E B C O A A E N R G E P E N E B I
A U B N R A S C G W C I R G R S A R D B
S N L T A R E C I B N Z M A E R V S O R
Q J E A C P X N A K A Z L A U A E E M A
N U T R I T I V A L C S O F T R L E I U
S R N S E D R I T R A P A H N I W N N X
É S E E G K F J H D F M O R E T V F A F
R C T R J O S E P Z A J B N G S L O L L
T G J F C C B A N Í E T O R P E P R E X
S A L I M E N T O W J R P A E M V M S T
E E C O M I D A C H A T A R R A B A L P