

Qué chévere 3: Unidad 8B

A A I S S E N O I X E L F R E C A H R A
Y L J R D W W E L C A L A M B R E A H P
W P H A C E R N A T A C I Ó N U D N A A
C D N U T R I T I V A E A B I I X Z C R
V U U L A F U E R Z A S P A M W N C I T
E A L I M E N T A R S E C O S M G C T I
T L V K O R R E I H L E C U P D R O Á R
P T Z A N Í E T O R P A L H C S L F U D
E O E L E S T R É S N O S E P L E V C E
E N S G W T Q H R U F J L A D I E T A O
L R E I M K L A E N E R G Í A Y U G N T
B A E S T V B S L G E T A R B I F A L N
A T S M R I R E Y T O I C L A C L E Y E
D I X I B A V A T N I C R E C A H Q B M
U V F Q T O R O O Q S E L H Á B I T O I
L E A L W G U I L A V I T A M I N A A L
A D A Q P R A C T I C A R L A G R A S A
S S Y O Z R E U F S E N U R E C A H L L
T X B S Q X X V A L E R L A P E N A V E
Q T S D O K M L A N U T R I C I Ó N Q L

FAT
FOOD
WEIGHT
ENERGY
VITAMIN
POSITIVE
TO STRETCH
TO DO PUSHUPS
FROM, STARTING AT
TO PRACTICE SWIMMING

DIET
FIBER
STRESS
CALCIUM
PROTEIN
TO AVOID
NUTRITIOUS
TO SKIP A MEAL
TO MAKE AN EFFORT
AQUATIC, PERTAINING TO WATER

IRON
HABIT
TO EAT
HEALTHY
STRENGTH
NUTRITION
MUSCLE CRAMP
TO BE WORTHWHILE
TO USE A TREADMILL
TO PLAY, TO PRACTICE, TO DO
SPORTS

Solution

A A I S S E N O I X E L F R E C A H R A
Y L J R D W W E L C A L A M B R E A H P
W P H A C E R N A T A C I Ó N U D N A A
C D N U T R I T I V A E A B I I X Z C R
V U U L A F U E R Z A S P A M W N C I T
E A L I M E N T A R S E C O S M G C T I
T L V K O R R E I H L E C U P D R O Á R
P T Z A N Í E T O R P A L H C S L F U D
E O E L E S T R É S N O S E P L E V C E
E N S G W T Q H R U F J L A D I E T A O
L R E I M K L A E N E R G Í A Y U G N T
B A E S T V B S L G E T A R B I F A L N
A T S M R I R E Y T O I C L A C L E Y E
D I X I B A V A T N I C R E C A H Q B M
U V F Q T O R O O Q S E L H Á B I T O I
L E A L W G U I L A V I T A M I N A A L
A D A Q P R A C T I C A R L A G R A S A
S S Y O Z R E U F S E N U R E C A H L L
T X B S Q X X V A L E R L A P E N A V E
Q T S D O K M L A N U T R I C I Ó N Q L